

Risk Mentor Tool

Pre-Meeting Leader Team Email

Dear Team,

Thank you again for your hard work on the FailSafe program!

On **insert date** we are having a meeting with the whole organization, and I need your help. At this meeting we are going to focus on explaining to members what they can do to avoid risk failure when using alcohol, as well as ways to earn the respect of other group members when using alcohol. I know that each of you has some great thoughts and practices to share.

To make this meeting a success, I'll need you to speak up at the beginning to get the conversation going. I need you to come prepared with a couple of things:

1. Some of your “secrets to success” related to drinking situations that have helped you avoid risk failure—things like having a cut-off point for drinking, adjusting your study schedule to accommodate parties, etc. Anything big or small that has helped you manage your risks related to alcohol use and stay out of trouble. No one expects you to be perfectly consistent, so you can be honest about when you don't follow your own secrets to success, and why. It's also great to hear about how you came by your secrets to success. *(For groups doing the Risk-Management Kit in Secrets to Success: We'll also be doing a little demonstration to make things more fun. Bring in an item that represents one of your secrets to success. For example, if you've adjusted your study schedule, you could bring a book. You'll find out what these items are for at the meeting.)*
2. Think about some things that a group member might do related to alcohol use that would earn your respect, as well as things they might do that would lower your respect for them. I'll start the conversation and hope you'll jump in. For example, some new members might think that getting really drunk at a party will earn your respect, when it really doesn't because you have to deal with them getting sick or causing problems. They might not think that studying hard for an exam before partying earns your respect, but it does. You are some of the most respected members of our organization, so I want other members to know how they can earn your respect in a healthy way.

That's it for now. I look forward to seeing you all **insert date and time of group meeting** at **insert location**. Send me an email or text if you have questions or won't be able to attend.

Thanks,